

UNITE  
FOR  
GOOD

Rotary  
District 3141



LETS  
INSPIRE



# AASHAYEIN

**ROTARY CLUB OF MUMBAI SHER- E- PUNJAB**

**WEEKLY NEWSLETTER**



Episode 2

VOLUME 44  
2<sup>ND</sup> WEEK MAY  
YOUTH SERVICE MONTH

**ROTARY REFLECTIONS:  
VOICES OF THE WHEEL**



*Rotary Youth Service Month Series*

**Youth: Service Through Young Hands**

Youth service is not only about volunteering; it is about building responsibility, empathy, leadership, and compassion. Across communities, young Rotarians and volunteers are actively participating in projects related to education, health, environment, and social welfare, proving that age is never a barrier to making a meaningful difference in society.

Rotary believes that when young people are trusted with responsibility, they rise with confidence and purpose. Through activities such as blood donation drives, cleanliness campaigns, teaching underprivileged children, environmental initiatives, and awareness programs, youth learn the true value of "Service Above Self."

A touching example comes from a group of young volunteers who visited a shelter home during a festive season. What started as a simple distribution activity slowly turned into regular visits filled with games, storytelling, and mentorship sessions for the children. The volunteers realised that sometimes the greatest gift is not material support, but time, care, and companionship.

In another inspiring instance, a young volunteer began helping senior citizens in her neighbourhood learn how to use smartphones for digital payments and video calls. Her small initiative not only solved practical problems but also helped many elderly people feel more connected and less lonely.

Every small act of service by a young individual creates ripples of hope and inspires others to contribute towards a kinder and more compassionate society. Rotary continues to encourage and guide youth by providing platforms where they can lead, serve, and grow into responsible citizens and future leaders.

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*Rotary Youth Service Month Series*



*Youth: Service Through Young Hands*

## MAY : YOUTH SERVICE MONTH

EMPOWERING YOUNG LEADERS | BUILD RESPONSIBILITY. LEAD CHANGE.



District Governor: Rtn. Manish Motwani  
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# AASHAYEIN

2<sup>nd</sup> week May 2026

**BASIC EDUCATION & LITERACY  
ECONOMIC COMMUNITY SERVICE**

## STEEL CUPBOARDS DONATION TO AANGANWADI SCHOOL

On May 1st, 2026, RCMSEP, in collaboration with the Chingari Shakti Foundation, donated two steel cupboards valued at ₹17,000 each to the Ganesh Mitra Mandal Aanganwadi School at Mahakali Caves Road, Andheri East. Led by Swati Khatri, Seema Bhoocher, and Pinky Rajgarhiya, the project provided much-needed storage support for the teachers, helping create a more organized and efficient learning environment for the young children.



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JOYASHI ENGLE  
8591649613

PRANAY KOLI  
9765304503

**ST. FRANCIS XAVIER CHARITABLE TRUST  
OLD AGE HOME**

Registration - No - EC0137907EN

Address - Lal Bahadur Shastri Nagar, Dhara, Raigarh,  
Le-Shmar Resort Near Utan Road, Mha-Bharnder, Dist. Tinsukia-781003

# AASHAYEIN

2<sup>nd</sup> week May 2026

## ECONOMIC COMMUNITY SERVICE

### FURNITURE DONATION FOR SENIOR CITIZENS

On 4<sup>th</sup> May 2026 RCMSEP arranged for the donation of a dining table and center table to the St. Francis Charitable Trust Old Age Home. This came to us through Rtn Simran J., who informed President Rtn. Minishaa Oberoi, who then then found the appropriate home for these items. The beneficiaries are deeply grateful, as the senior citizens now have a comfortable place to sit, eat, and relax. We extend our thanks to the donor and all who made this possible.



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# AASHAYEIN

2<sup>nd</sup> week May 2026

## BAGHBAAN ECONOMIC COMMUNITY SERVICE

### MATTRESSES DONATED FOR ELDERLY CARE

On 4<sup>th</sup> May 2026, RCMSEP supported Latashri Ashram by donating 12 mattresses received from Sri Guru Nanak Darbar. Coordinated by Rtn. Jotinder, the initiative helped provide added comfort and care to the senior citizens at the ashram, who expressed heartfelt gratitude for the support.





# AASHAYEIN

2<sup>nd</sup> week May 2026

## BASIC EDUCATION & LITERACY ECONOMIC COMMUNITY SERVICE

### EMPOWERING FUTURES THROUGH DIGITAL EDUCATION

On 5th May 2026, RCMSEP inaugurated a Computer Learning Center at Gurukul, Marol, in collaboration with Nayee Umang Charitable Trust, Life of Gratitude, and Lok Udaan to promote digital education for underserved communities. The center was inaugurated by Dr. Manish Motwani and Murli Kanji Patel, with the donation of five computers, a 55-inch TV, and computer chairs, making it a meaningful step toward digital inclusivity.



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# AASHAYEIN

2<sup>nd</sup> week May 2026

## DISEASE PREVENTION & CURE

### BLOOD DONATION DRIVE AT ANDHERI RAILWAY STATION

On 7th May 2026, RCMSEP proudly served as the Lead Host for a Blood Donation Drive at Andheri Railway Station in collaboration with community partners and associations. The drive saw enthusiastic participation from donors, volunteers, and commuters, resulting in the successful collection of 56 units of blood to support patients in need and promote the spirit of humanitarian service.



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# AASHAYEIN

2<sup>nd</sup> week May 2026

## COMMUNITY ECONOMIC DEVELOPMENT

### CLUB MEETING & CYBER SAFETY SESSION

The Board of Directors and Club Meeting hosted by RCMSEP on 7th May 2026 brought together members to discuss the club's vision, upcoming initiatives, and community service projects. The meeting was followed by an insightful and interactive session on Cybercrime, Cybersecurity & Cyber Awareness by Rajendra Tawate, who shared valuable guidance on online safety, cyber frauds, phishing scams, and secure digital practices, which was greatly appreciated by all present.



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# AASHAYEIN

2<sup>nd</sup> week May 2026

## CLUB SERVICE FELLOWSHIP

### CELEBRATING MOTHER'S DAY: MOVIE, MASTI & MEMORIES

The Mother's Day celebration was truly a unique and memorable experience for RCMSEP. On 10th May 2026, around 20-21 members gathered at PVR Cinema Chakala to enjoy the hilarious movie Daadi Ki Shaadi, along with popcorn, pizza, and coke, making it a fun-filled evening filled with laughter and fellowship.



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# AASHAYEIN

2<sup>nd</sup> week May 2026

## CLUB SERVICE

### LEADERSHIP LEARNING SESSION FOR AG & DS

On 10th May 2026, snapshots were captured from the 3rd Learning Session for AGs and DSs for the 2027-28 Rotary term, held at Hotel Regency. The training session was conducted through engaging case studies and team exercises, and was expertly moderated by multiple Past District Governors, making it an insightful and interactive learning experience for all participants. Our club member, Rtn. Jotinder S. Ahluwalia, also attended the session as part of his preparation for the role of Assistant Governor (AG).



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# AASHAYEIN



## The Happy Wheel - Fun Corner

WHICH WORD CAN PRECEDE ALL THREE BLANKS?



1

\_\_\_\_\_ Ground  
\_\_\_\_\_ Pack  
\_\_\_\_\_ Stage

2

\_\_\_\_\_ Mark  
\_\_\_\_\_ Shelf  
\_\_\_\_\_ Case

3

\_\_\_\_\_ Room  
\_\_\_\_\_ Park  
\_\_\_\_\_ Point

4

\_\_\_\_\_ Mark  
\_\_\_\_\_ Day  
\_\_\_\_\_ Place

5

\_\_\_\_\_ Board  
\_\_\_\_\_ Berry  
\_\_\_\_\_ Bird

6

\_\_\_\_\_ Chair  
\_\_\_\_\_ Band  
\_\_\_\_\_ Pit

# AASHAYEIN

## UPCOMING EVENTS

**Rotary Club of Mumbai Sher-E-Punjab**  
**INVITES YOU TO**  
**MAY FIRESIDE MEET**

**Friday, 15<sup>th</sup> May 2026**  
**7 pm onwards**

**Venue: Barbeque Nation**  
 Unit No. 1 & 2, Ground Floor, C Wing, Time Square,  
 Near Marol Naka Metro Station,  
 Andheri East (Sakinaka), Mumbai - 400069

**Hosts:**  
 Satinderpal • Surjit • Naresh • Swati • Gopi • Monica • Kiran • Bahwinder

*Join us for an evening of fellowship, fun, laughter & delicious food!*

**Rtn. Minishaa I. Oberoi**

15<sup>th</sup> May

**ZIBIKA**  
*Invites you for*  
**THE Z TABLE**  
*Honouring the hands behind*

**BUTTERFLY HIGH**  
 Nesco, Goregaon (E)

**12<sup>th</sup> MAY 2026**  
 Tuesday  
 3pm - 5:30pm

**RSVP**  
 Mridula, Rupam, Sonika, Pooja

12<sup>th</sup> May

**Rotary Club of Mumbai Sher-E-Punjab**  
 in association with **Say Shaava**  
**PROUDLY PRESENT**  
**BHANGRA SESSION**

**GET READY TO DANCE, SWEAT, LAUGH & ENJOY HIGH-ENERGY PUNJABI BEATS!**  
**A FUN-FILLED BHANGRA EXPERIENCE FOR ALL!**

**DATE:** 24<sup>TH</sup> MAY, SUNDAY  
**TIME:** 11:00 AM - 12:30 PM  
**VENUE:** KALPATRI ESTATE JVLK CLUB HOUSE  
**OPEN FOR ALL**  
**FEES:** ₹600/-

**CHOREOGRAPHER: Harveen**  
 8779297006  
 @sayshaavawithharveen

**See you there!**  
**Rtn. Minishaa I. Oberoi**  
 President

24<sup>th</sup> May

**Rotary Club of Mumbai Sher-E-Punjab**  
**SARVIA SEVA SANGH**

**CERTIFICATE DISTRIBUTION Ceremony**  
**SKILL DEVELOPMENT PROGRAM**  
**AT BEAUTY THERAPY**

**PROGRAMME:**  
 Professional Celebrity Hair & Makeup Artist  
**Ms. Shamin Dhamaker**

**DATE:** 12<sup>th</sup> MAY 2026  
**TIME:** 12:00 PM - 5:00 PM

**Rtn. Minishaa I. Oberoi**  
 President

13<sup>th</sup> May

**Rotary Club of MUMBAI SHER-E-PUNJAB**  
 Invites you to the  
**BOD & CLUB MEETING**

**THURSDAY, 21<sup>ST</sup> MAY**  
**TIME: 06:00 PM ONWARDS**  
**VENUE: GROUND FLOOR CONFERENCE HALL, SHEREPUNJAB GYMKHANA**

**BROAD AGENDA:**

- INTRODUCTION OF REGAL ROTARY YEAR DISTRICT LEADERS & REGAL CLUB LEADERS**
- SPEAKER SESSION - 7:00 PM ONWARDS**  
*Talk by RAHUL PARIHAR of HEALING PWWS*

**PLEASE WEAR YOUR ROTARY PINS DURING THE MEETING.**

*Looking forward to seeing you all!*

**Rtn. Minishaa I. Oberoi**  
 PRESIDENT

21<sup>st</sup> May

**Rotary Club of Mumbai Sher-E-Punjab**  
**UNITE FOR GOOD**

**DIRECTOR'S ORIENTATION PROGRAM (DOP)**  
**— REGAL YEAR 2026-27 —**

**Rotary Club of Mumbai Sher-E-Punjab** in collaboration with **Rotary North Island**

Join us for a joint training session for Directors and Members as we gear up for the upcoming Regal Year.

**DATE:** 15<sup>th</sup> May  
**VENUE:** Ginger Hotel, Western Express Highway, Mumbai  
**BREAKFAST:** 8:30 AM  
**TRAINING SESSION:** 9:00 AM - 11:30 AM  
**CONTRIBUTION:** Approx. ₹850 per head

**We look forward to maximum participation!**

Topics and speaker details will follow soon.  
 We look forward to your presence!

Warm regards,  
**Rtn. Minishaa I. Oberoi**  
 President

15<sup>th</sup> May

# AASHAYEIN

## *Flavours of Fellowship*

### **HOMEMADE MANGO RABDI**



#### **Ingredients:**

- 4 firm ripe mangoes
- 1 litre full cream milk
- 3-4 tbsp sugar (adjust to taste)
  - ¼ tsp cardamom powder
- Few chopped pistachios and almonds
- Saffron strands (optional)

#### **Method:**

**Boil the milk in a heavy-bottom pan and simmer on low flame, stirring continuously until it reduces to almost half and becomes thick and creamy.**

**Add sugar, cardamom powder, saffron, and dry fruits. Mix well and let the rabdi cool completely.**

**Cut the top of each mango and carefully remove the seed without damaging the mango shape.**

**Fill the mangoes generously with the prepared rabdi and place the top portion back.**

**Freeze the stuffed mangoes until firm.**

**Peel, slice, serve chilled, and enjoy this rich and refreshing dessert! 😊**



# AASHAYEIN

## HOMEMADE MANGO RABDI



*Recipe by :  
Rtn. Seema Bhoocher*

**🥭 Mango Rabdi is a delicious Indian summer dessert that combines the richness of traditional rabdi with the sweetness of ripe mangoes. Frozen and served chilled, this creamy treat tastes like a royal mango ice cream and is loved for its refreshing flavour and festive appeal. 😊**

Get your recipe featured in next Aashyein Weekly Magazine!

**Contact Rtn. Seema Bhoocher**

# AASHAYEIN



## The Happy Wheel - Fun Corner



**ANSWERS :**

**EXPLORE THE WORLD !!!**

**DEEPAK WADHWA**

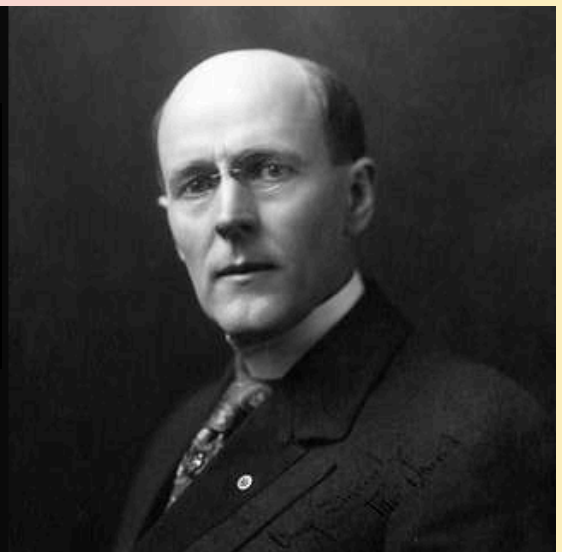
<b>Which country has no trees?</b>	<b>Antarctica</b>
<b>Which country has no states?</b>	<b>New Zealand</b>
<b>Which country has no river?</b>	<b>Saudi Arabia</b>
<b>Which country has no night?</b>	<b>Norway</b>
<b>Which country has no mosquitoes?</b>	<b>Iceland</b>
<b>Which country has no army?</b>	<b>Costa Rica</b>
<b>Which country has the most islands in the world?</b>	<b>Sweden</b>
<b>Which country is known as the Land of the Rising Sun?</b>	<b>Japan</b>
<b>Which country is famous for pyramids?</b>	<b>Egypt</b>
<b>Which country has the largest desert in the world?</b>	<b>Saudi Arabia</b>
<b>Which country gifted the Statue of Liberty to the USA?</b>	<b>France</b>
<b>Which country is known for tulips and windmills?</b>	<b>Netherlands</b>
<b>Which country has the most volcanoes?</b>	<b>Indonesia</b>
<b>Which country is known as the Land of Thunder Dragon?</b>	<b>Bhutan</b>
<b>Which country is famous for chocolates and watches?</b>	<b>Switzerland</b>
<b>Which country is home to the Amazon Rainforest?</b>	<b>Brazil</b>

# AASHAYEIN

## Quote of the Week

*This is a changing world; we must  
be prepared to change with it*

Paul Harris  
Rotary Founder



## Thank you for being a Rotarian

**Aashayein Editorial Board**

Rtn. Minishaa I Oberoi

Rtn. Seema Bhoocher

Rtn. Jotinder S Ahluwalia

Rtn. Aarti Jadhav

Rtn. Jasjit Bhatia

Rtn. Jasbeer Nagi