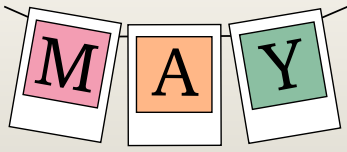


UNITE
FOR
GOOD

Rotary
District 3141



LETS
INSPIRE



AASHAYEIN

ROTARY CLUB OF MUMBAI SHER- E- PUNJAB

WEEKLY NEWSLETTER



Episode 3

VOLUME 45
3RD WEEK MAY
YOUTH SERVICE MONTH

**ROTARY REFLECTIONS:
VOICES OF THE WHEEL**

Rotary Youth Service Month Series

**Leadership, Goal Setting & Career Skills:
Building the Leaders of Tomorrow**



Young people are the architects of the future, and the foundation of their success lies in three essential qualities: leadership, goal setting, and career skills.

Leadership is not about holding a position or giving instructions. True leadership is about taking responsibility, inspiring others, making ethical decisions, and working together to create positive change. Every young person has the potential to be a leader by demonstrating integrity, empathy, and a willingness to serve others.

Goal setting helps transform dreams into achievable realities. By setting clear, measurable, and realistic goals, young people can stay focused and motivated. Whether it is excelling in academics, developing a new skill, or pursuing a career aspiration, goals provide direction and purpose. Success is achieved not through giant leaps, but through consistent small steps taken every day.

In today's rapidly changing world, career skills are equally important. Beyond academic qualifications, employers value communication, teamwork, problem-solving, adaptability, digital literacy, and critical thinking. Developing these skills early prepares young people to face challenges confidently and seize opportunities in a competitive environment.

Rotary believes in empowering youth to become confident leaders, lifelong learners, and responsible citizens. By nurturing leadership qualities, encouraging purposeful goal setting, and building career-ready skills, we can help young minds unlock their full potential and create a brighter future for themselves and their communities.

"The future belongs to those who believe in their dreams, set meaningful goals, and work tirelessly to achieve them."

District Governor: Rtn. Manish Motwani
Club Treasurer: Rtn. Naresh Khatri

Club President: Rtn. Minishaa I Oberoi
Club Secretary: Rtn. Jotinder S Ahluwalia

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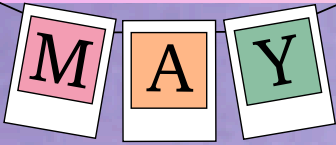
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ROTARY CLUB OF MUMBAI SHER- E- PUNJAB



Rotary Youth Service Month Series

Leadership, Goal Setting & Career Skills:
Building the Leaders of Tomorrow

LEADERSHIP
Inspire, Motivate, Make a Difference

GOAL SETTING
Dream Big, Plan Smart, Achieve More

CAREER SKILLS
Learn, Grow, Succeed

Empowering Youth, Building the Future!

Teamwork, Communication, Confidence, Problem Solving, Creativity, Knowledge

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3rd week May 2026

PUBLIC IMAGE & VISIBILITY ECONOMIC COMMUNITY SERVICE

ZIBIKA MEET :NETWORKING, INSPIRATION & COLLABORATION

On 12th May 2026, members of the Rotary Club of Mumbai Sher-E-Punjab were invited to a delightful evening at Butterfly High, Nesco, for the Zibika Meet, where women entrepreneurs shared their inspiring work and upcoming initiatives, including the Rakhi Edit scheduled for 9th July. RCMSEP looks forward to partnering with Zibika in the upcoming Rotary year, and extends heartfelt thanks to Sonika, Mridula, Rupam, Pooja, and the entire team for hosting such a wonderful evening.



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3rd week May 2026

WOMEN EMPOWERMENT & SKILL DEVELOPMENT ECONOMIC COMMUNITY SERVICE

BEAUTICIAN COURSE COMPLETION & FELICITATION CEREMONY

On 13th May 2026, RCMSEP organized a special felicitation ceremony for 16 young women from Gautam Nagar basti who successfully completed a 20-day Basic Beautician Course conducted in collaboration with Sarva Seva Sangh. Spearheaded by Dr. Sunita Sharma under the presidency of Minishaa Oberoi, the initiative focused on women's empowerment and skill development, encouraging the participants to become more confident, independent, and employable for a brighter future.



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3rd week May 2026

ECONOMIC COMMUNITY SERVICE

RETIREMENT READY: MANAGING MONEY WISELY

RCMSEP, in collaboration with WalkAbout, organized an informative online session titled “Your Money, Your Future: Smart Financial Planning for Retirees” on 16th May 2026, conducted by finance professional Mr. Anant Harichandan. The insightful session provided retirees and senior citizens with practical guidance on investment planning, wealth management, financial security, and managing finances after retirement, and was highly appreciated by all participants.

WalkAbout x Rotary Club of Mumbai Sher-E-Punjab

Your Money, Your Future: Smart Financial Planning for Retirees

Saturday, 16th May, 11 AM

Get clear advice & practical tips, from Anant Harichandan, finance professional with over 10 years of experience in mutual funds and wealth management, to the common questions about managing money in retirement.



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3rd week May 2026

CLUB SERVICE LEADERSHIP DEVELOPMENT

RCMSEP & RCM NORTH ISLAND HOST REGAL DOP 26-27

RCMSEP and the RC North Island jointly hosted the Director Orientation Program (DOP) on 15th May 2026 at Ginger Hotel, Vile Parle East, Mumbai. The engaging and informative session empowered Directors and members with valuable insights into Rotary leadership, project execution, club functioning, and effective teamwork, while experienced speakers shared practical guidance to help build a stronger and more impactful Rotary year ahead under the leadership of President Elect Janvi Shah and President Elect Sunita Bedi.



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3rd week May 2026

CLUB SERVICE

FIRESIDE MEETING & FELLOWSHIP AT BARBECUE NATION

On 15th May 2026 RCMSEP held a wonderful club meeting and fireside gathering at Barbecue Nation. It was a fantastic evening full of fellowship, great food, and drinks. A special thanks to hosts Satinderpal, Surjit, Naresh, Swati, Gopi, Monica, Kiran, and Bunty. We also celebrated May birthdays and anniversaries. Looking forward to more inspiring gatherings ahead!



District Governor: Rtn. Manish Motwani
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Club Secretary: Rtn. Jotinder S Ahluwalia

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 The Happy Wheel - Fun Corner

CAN YOU IDENTIFY THE COUNTRY ?



1



2



3



4



5



6



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UPCOMING EVENTS

Rotary
PEOPLE OF ACTION

★ Rotary Club of ★
MUMBAI
SHER-E-PUNJAB

Invites you to the

BOD & CLUB MEETING

THURSDAY, 21ST MAY

TIME: 06:00 PM ONWARDS

VENUE: GROUND FLOOR CONFERENCE HALL, SHEREPUNJAB GYMKHANA

BROAD AGENDA:

- 1 INTRODUCTION OF REGAL ROTARY YEAR DISTRICT LEADERS & REGAL CLUB LEADERS**
- 2 SPEAKER SESSION - 7:00 PM ONWARDS**
Talk by **RAHUL PARIHAR** OF HEALING PMWS

PLEASE WEAR YOUR **ROTARY PINS** DURING THE MEETING.

Looking forward to seeing you all!

Rtn. Minishaa I. Oberoi
PRESIDENT

21st May

Rotary
Rotary District 3141

RCCM
Rotary Club of Chandivali Mumbai

Congratulations.

Your Business is Now

ROTARY VERIFIED

You have been selected to be honoured at the

Awards Gala Night

DG Dr Manish Motwani, First Lady Dr Mahek Motwani and the RVB team invites you to

A curated gathering of Rotary Verified Businesses
Hosted by Rotary Club of Chandivali Mumbai

Chief Guest
PDG Satish Madhavan – Rotary District 3191

Sunday, 31 May 2026, 6:30 pm onwards
Hotel Ginger, Near Domestic Airport

Kindly confirm your presence
Avenue Team - Rotary Verified Business

Rtn Dr Nilam Gada
Avenue Chairman

Rtn Anish Soneja
Group Avenue Head

31st May

Rotary
Club of Mumbai
Sher-E-Punjab

in association with

Say Shaava
With Harveen

LET'S INSPIRE

PROUDLY PRESENT

BHANGRA SESSION

GET READY TO DANCE, SWEAT, LAUGH & ENJOY HIGH-ENERGY PUNJABI BEATS!
A FUN-FILLED BHANGRA EXPERIENCE FOR ALL!

DATE: 24TH MAY, SUNDAY

TIME: 11:00 AM – 12:30 PM

VENUE: KALPATRU ESTATE JVLR CLUB HOUSE

OPEN FOR ALL

FEES: ₹600/-

FUN FITNESS BHANGRA GOOD VIBES

CHOREOGRAPHER
Harveen

8779297006
@sayshaavawithharveen

See you there!

Rtn. Minishaa I. Oberoi
President

24th May

Rotary

Sion Fort

ISHWAR Exports

ROTARY CLUB OF MUMBAI SION

invites you for

ROTARY Sion Super Chef CONTEST

(AN EVENING OF CULINARY THRILLS AND FLAVOURS!)

COOK. COMPETE. CONNECT. INSPIRE.

On Sunday 24th May

From 4.00 to 7.00 P.M.

At
Ramanath Payyade College of Hospitality Management Studies

REGISTRATION CHARGES: Rs.1000/Participant

FUN & FELLOWSHIP
Make memories beyond meetings.

SHOWCASE YOUR TALENT
Bring your best dish and your creativity!

BUILD CONNECTIONS
Meet new friends, welcome new opportunities!

FOR DETAILS CONTACT

Gautam Parekh 91672 30360
Ravi Chawhan 98201 81154
Kiran Shetye 9820376651

UNLEASH THE SUPER CHEF IN YOU!

24th May

AASHAYEIN

Flavours of Fellowship

ICED MATCHA MANGO LATTE

ICED MATCHA MANGO LATTE

Sip
Chill
Repeat

Earthy matcha.
Tropical mango.
The perfect summer pick-me-up! ♡

INGREDIENTS

-  ½ cup mango purée
-  1 tsp ceremonial matcha powder
-  60 ml hot water
-  1 cup milk
(dairy or plant-based)
-  Ice cubes
-  1 tsp honey / maple syrup
(optional)

HOW TO MAKE

-  1 Add mango purée to the bottom of a tall glass.
-  2 Fill the glass with ice cubes.
-  3 Pour chilled milk over the mango layer.
-  4 Whisk matcha with hot water until smooth and frothy.
-  5 Slowly pour the matcha over the milk to create beautiful layers.
-  6 Stir before sipping and enjoy!

Better
Together

A tropical twist on your daily matcha ritual. Sweet mango meets earthy matcha for the ultimate summer refreshment. ♡



AASHAYEIN

Flavours of Fellowship

ICED MATCHA MANGO LATTE



Recipe by :
Rtn. Surjit Ahluwalia

🍌🍵 **Mango Matcha Latte**

Fun Fact:

Matcha and mango may seem like an unlikely duo, but they create the perfect flavor balance! The natural sweetness of mango helps mellow matcha's earthy notes, making it a refreshing drink that's packed with antioxidants and vitamin C. ✨

Get your recipe featured in next Aashyein Weekly Magazine!

Contact Rtn. Seema Bhoocher

AASHAYEIN



The Happy Wheel - Fun Corner

ANSWERS:

WHAT WORD CAN FOLLOW ALL THREE BLANKS?



Deepak Wadhwa

1

_____ Ground
_____ Pack
_____ Stage

Back

2

_____ Mark
_____ Shelf
_____ Case

Book

3

_____ Room
_____ Park
_____ Point

Ball

4

_____ Mark
_____ Day
_____ Place

Birth

5

_____ Board
_____ Berry
_____ Bird

Black

6

_____ Chair
_____ Band
_____ Pit

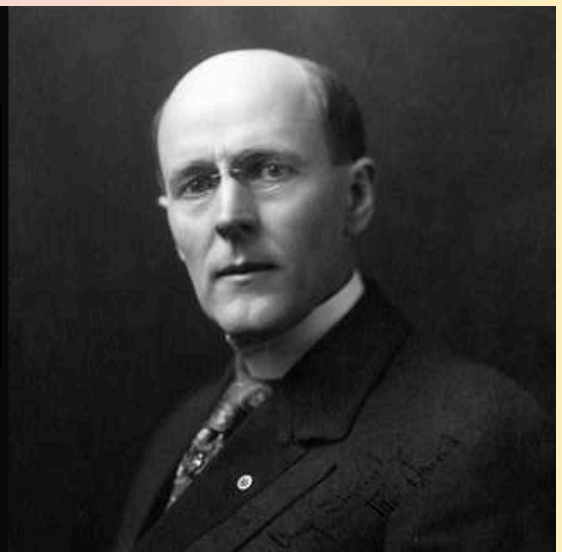
Arm

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Quote of the Week

*Rotary dreams big dreams and
has the courage to make them
come true.*

Paul Harris
Rotary Founder



Thank you for being a Rotarian

Aashayein Editorial Board
Rtn. Minishaa I Oberoi
Rtn. Seema Bhoocher
Rtn. Jotinder S Ahluwalia
Rtn. Aarti Jadhav
Rtn. Jasjit Bhatia
Rtn. Jasbeer Nagi