

UNITE  
FOR  
GOOD

Rotary  
District 3141



LET'S  
INSPIRE



# AASHAYEIN



ROTARY CLUB OF MUMBAI SHER- E- PUNJAB

WEEKLY NEWSLETTER



Episode 5

VOLUME 40  
2<sup>ND</sup> WEEK APRIL 2026  
ENVIRONMENTAL MONTH

ROTARY REFLECTIONS:  
VOICES OF THE WHEEL



## THE PAUL HARRIS SERIES

FROM MEETINGS TO MEANING

What began as simple weekly meetings among friends was slowly evolving into something far deeper. The circle was growing, conversations were becoming more meaningful, and a new thought quietly began to emerge: “Can we do more... together?”

Paul Harris and his fellow members had successfully created a space built on trust, friendship, and fellowship. But soon they realized that true fulfillment did not lie only in building connections – it lay in creating contribution and impact.

It wasn't long before the members decided to take their first step beyond regular meetings. They wanted to serve the community around them and make a meaningful difference in people's lives. In 1907, the Rotary Club of Chicago undertook its very first public service project – the installation of public toilets in the city. At a time when such basic facilities were lacking, this initiative became an important step toward improving public hygiene and civic responsibility.

This was the turning point. Rotary was no longer just a club. It was becoming a force for good. The spirit of “Service Above Self” slowly began to take shape – not merely as a slogan, but as a way of life. Members started looking beyond their professions and personal success. They began asking themselves how they could uplift others, improve their communities, and bring positive change to society.

What made this movement truly powerful was its simplicity – ordinary people coming together with a shared purpose. No grand resources, no complicated systems – only intent, unity, compassion, and action. As the spirit of service grew stronger, so did the bond between members. Friendship was no longer the destination; it had become the foundation for something much greater.

This small group of individuals had unknowingly set into motion a movement that would soon spread across cities, countries, and continents – growing into what we proudly know today as Rotary International. From conversations... to community impact... Rotary had discovered its true purpose.

District Governor: Rtn. Manish Motwani  
Club Treasurer: Rtn. Naresh Khatri

Club President: Rtn. Minishaa I Oberoi  
Club Secretary: Rtn. Jotinder S Ahluwalia

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# AASHAYEIN

2<sup>nd</sup> week April 2026

## ENVIRONMENT ECONOMIC COMMUNITY SERVICE

### SCIENCE LAB INAUGURATION: LIGHTING THE SPARK OF LEARNING

On 6th April 2026, RCMSEP inaugurated the science lab at Guru Nanak English High School, with the generous support of the Ahluwalia brothers, who donated the lab equipment. This new facility will greatly enhance the students' learning experience, giving them access to hands-on experiments and fostering curiosity in science. Later, we celebrated the birthday of our Club Secretary and IPP, Jotinder Singh Ahluwalia. The children's heartfelt rendition of "Happy Birthday" added so much warmth to the occasion, creating unforgettable memories. Afterward, the celebrations continued at his home. Jotinder Singh Ahluwalia, we wish you a very happy birthday—may God bless you with joy and success!



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# AASHAYEIN

2<sup>nd</sup> week April 2026

## ENVIRONMENT ECONOMIC COMMUNITY SERVICE

### RECYCLING FOR A BETTER TOMORROW

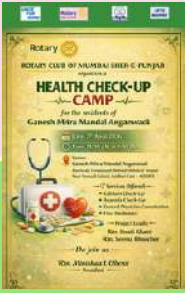
RCMSEP continues to support Ahaar Sadan Sanstha through regular contributions of clothes, toys, shoes, and bags. On 6th April 2026, the team dispatched a truckload of donated materials worth ₹15,000. Collected from surrounding communities, these items are thoughtfully recycled and distributed to underprivileged families free of cost, in villages, spreading care, dignity, and hope to those in need.



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# AASHAYEIN

2<sup>nd</sup> week April 2026

## ENVIRONMENT ECONOMIC COMMUNITY SERVICE

### WELLNESS DRIVE AT GANESH MITRA MANDAL ANGANWADI

On 7th April 2026, RCMSEP organized a health check-up camp at Ganesh Mitra Mandal Anganwadi, benefiting 120 people through anaemia screenings, bone density assessments, general health check-ups, and the distribution of free medicines for various health needs. The initiative reflected the club's ongoing commitment towards community healthcare and preventive wellness, bringing essential medical support and awareness to those in need.



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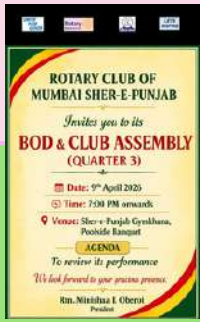
Club President: Rtn. Minishaa I Oberoi  
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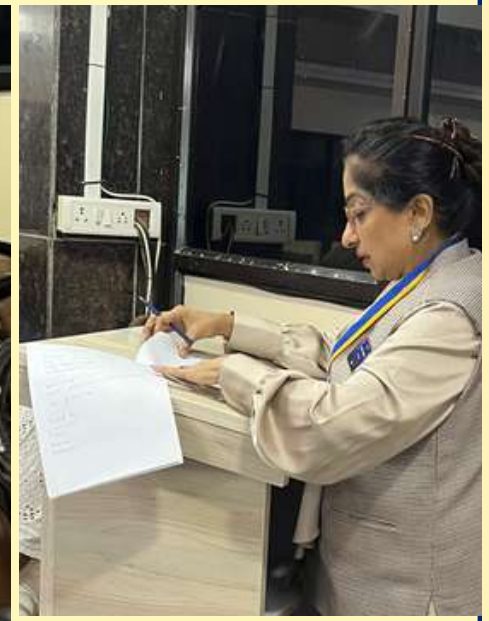
# AASHAYEIN

2<sup>nd</sup> week April 2026

## CLUB SERVICE

### CELEBRATING PROGRESS AND SERVICE EXCELLENCE

On 9th April 2026, RCMSEP conducted its Board of Directors and Club Assembly Meeting at Sher-E-Punjab Gymkhana in the esteemed presence of Assistant Governor Mary Francis, where the club proudly presented its Quarter 3 achievements and celebrated the milestone of completing 190 projects since July 1, 2025. AG Rtn. Mary Francis appreciated the club's unity, positivity, teamwork, and remarkable progress, while members were thanked for their unwavering dedication and contribution towards the club's impactful service journey.



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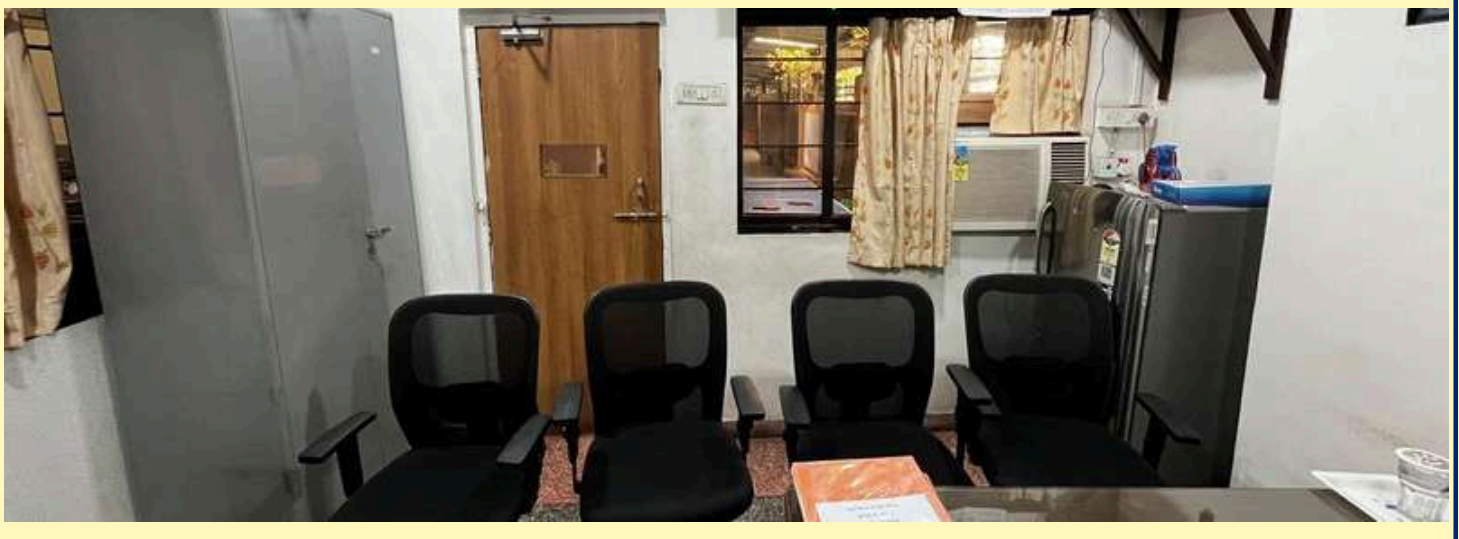
# AASHAYEIN

2<sup>nd</sup> week April 2026

## BASIC EDUCATION AND LITERACY

### SERVING EDUCATION BEYOND THE CLASSROOM

On April 9, 2026, RCMSEP with support from Chingari Shakti Foundation, donated a complete table tennis setup and chairs to Guru Nanak English High School. This initiative aims to promote sports, discipline, and recreation for students lacking playground facilities. The project reflects the club's ongoing commitment to youth development and community impact.



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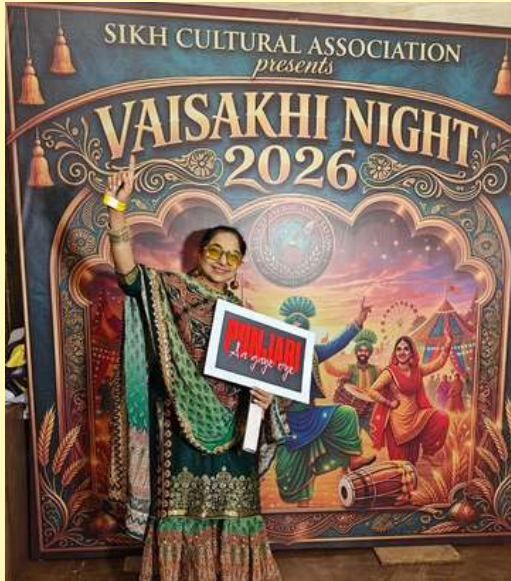
# AASHAYEIN

2<sup>nd</sup> week April 2026

## MEMBERSHIP & FELLOWSHIP PUBLIC IMAGE AND PUBLIC RELATIONS

### BUILDING CONNECTIONS, ENHANCING VISIBILITY

Vaisakhi Night 2026, organized by the Sikh Cultural Association with support from RCMSEP, was a vibrant celebration of culture, unity, and tradition held at Hotel Goldfinch. The evening featured energetic performances, music, festive décor, and great fellowship among members and guests. The event was a grand success, enhancing community bonding and the club's visibility in and around the neighbourhood.



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# AASHAYEIN

## UPCOMING EVENTS

*You Are Invited!*

# BLOOD DONATION CAMP

**GIVE BLOOD • GIVE HOPE • SAVE LIVES**

Your one donation can help save precious lives. Let us come together and make a meaningful difference in our community.

**DATE:** 21<sup>st</sup> April 2026

**VENUE:** Andheri Railway Station

*Be a Hero DONATE BLOOD Every Drop Counts*

**LEAD HOST CLUBS**

- RCM Elegant Plus
- RCM Gen X
- RCM Juhu
- RCM West End

**CO-HOST CLUB**

Rotary Club of Mumbai Sher-E-Punjab

TOGETHER, WE CAN SAVE LIVES! WE LOOK FORWARD TO YOUR SUPPORT AND PARTICIPATION. Thank You!

21<sup>st</sup> April

Rotary District 3141

**a New Dawn in Rotary**

# नवोदय

एक नई सोच, एक नई दिशा.....

**1st Meet of Presidents 2027-2028**

Sunday April 26, 2026, 9:45am  
Synergy Banquet Hall, GINGER Airport

Brought to you by: **TEAM 2728**

Powered by Rotary Clubs Of  
Mumbai Pioneers Mumbai Sher e Punjab

Registration : INR 2700 Single INR 5400 Couple  
<https://ftoash.com/rdep2425> OR GPay : 9699735822

Rajendra Dohre Governor's Chief Aide District General Secretary  
Sandeep Kedia Lieutenant Governor Dr Anun Gang Chief Coordinator Events  
Deepak Jiandani District Governor Nominee Dress Code : Smart Casuals

26<sup>th</sup> April

Rotary DISTRICT 3141

ROTARY CLUB of MUMBAI SHER-E-PUNJAB INVITES YOU TO JOIN US FOR A FUN-FILLED

# SUMMER CAMP

## "Bachpan Express"

For the Children of RCC Jeevanti Sevaks, Subhash Nagar

19th April to 25th April 2026  
Time: 9:00 AM to 11:00 AM Followed by Snacks

Games • Mask Making • Storytelling • Yoga  
Fun & More!

Project Led by: Rtn. Sunita Sharma

Join the Fun!  
See You There!  
Rtn. Minishaa I. Oberoi

19<sup>th</sup> to 25<sup>th</sup> April

Rotary DISTRICT 3141

LET'S INSPIRE

**★ ROTARY CLUB OF MUMBAI SHER-E-PUNJAB ★**

cordially invites you to witness a meaningful initiative under

**Project: Urban Vocational Upliftment**

Under the dynamic leadership of Inspire DG Dr. Manish Motwani, and the guidance of Group Avenue Head Rtn. Rajendran Umikrishnan,

**Proudly Sponsors**  
**₹1,00,000 To Support 10 Students in Pursuing Certificate in Nursing Care Course (1 Year)**

**Date:** 15<sup>th</sup> April 2026  
**Time:** 2:00 PM

**Tech Mahindra Foundation**  
Auxilium Convent School  
6 Pali Hill, Nargis Dutt Road, Rajendra Kumar Chawl, Bandra (West), Mumbai - 400050

We look forward to your gracious presence.  
Rtn. Minishaa I. Oberoi

15<sup>th</sup> April

WalkAbout x Rotary

**Finances for 55+ Smart Planning for the Years Ahead**

Friday, 17<sup>th</sup> April, 5 PM

Yogesh Dhasane (22+ years at HFC AMC) shares how to identify hidden financial risks and make smarter decisions around mutual funds, insurance, and wealth planning.

17<sup>th</sup> April

Rotary DISTRICT 3141

ROTARY CLUB OF MUMBAI SHER-E-PUNJAB

in association with Sarva Seva Sangh Andheri East, a Social Work Unit proudly presents

# Basic Beautician Course for Ladies

A 20-day course to empower women with essential beauty & grooming skills.

**Start Date:** 16<sup>th</sup> April 2026  
**Duration:** 20 Days (Weekdays Only)  
**Time:** 10:00 AM - 1:00 PM  
**Material Provided**  
**Languages:** Hindi / Marathi / English

**Course Includes:**

- Self Grooming & Basic Makeup
- Manicure & Pedicure
- Skin Care (Theory & Practice)
- Bleach, Cleanup & Waxing
- Threading (with Practice)
- Head Massage
- Product Knowledge
- Saree Draping
- Basic Haircut, Hairstyling & Makeup
- Theory & Practical Exams

**Address:**  
Gautam Nagar Annavadi, Airport Road  
Taxi Parking, ITC Luxury Hotel, Andheri East

Project Leads: Ms. Ranjana Bharat Khandagale (Nai Shakti Sevi Mahila Bachar Chair)  
Rtn. Sunita Sharma (RCMSEF)  
President: Rtn. Minishaa I Oberoi

[https://maps.app.goo.gl/W74XRfcbjNyTp8A8?g\\_s4=aw](https://maps.app.goo.gl/W74XRfcbjNyTp8A8?g_s4=aw)

19<sup>th</sup> April to 13<sup>th</sup> May

Rotary DISTRICT 3141

LET'S INSPIRE

THE ROTARY CLUB OF MUMBAI SHER-E-PUNJAB INVITES YOU TO

# PROJECT SPARSH

In Collaboration with NIRAMAYA HEALTH FOUNDATION

For the students of Little Flower School, Andheri East, Mumbai

**Dates:** 16<sup>th</sup> & 17<sup>th</sup> April 2026  
**Time:** 11:30 AM to 12:30 PM

An important awareness session on **Adolescence, Body Changes, Hygiene & Emotional Well-Being** for Girls & Boys

Project Lead: Dr. Sunita Sharma - President: Rtn. Minishaa I. Oberoi

16<sup>th</sup> 17<sup>th</sup> April

Rotary Club of Mumbai Sher-E-Punjab invites you to

# Fireside Night - Games Lounge Night!

**Saturday, 25<sup>th</sup> April 2026**

**Time:** 7:00 p.m. onwards  
**Venue:** HillCrest Party Lounge, JVL, Jogeshwari East

Hosted by Simran & Rocky J, Avneet, Sujay, Ruchika, Deepak & Jassi

# RETRO NIGHT!

Dress Code: Funky Retro Style!  
Bold Colors, Vintage Vibes & Groovy Flair!

Games • Dinner • Retro Fun!

Don't Miss the Fun!  
See You There!

President: Rtn. Minishaa I. Oberoi

25<sup>th</sup> April

# AASHAYEIN

## The Happy Wheel - Fun Corner

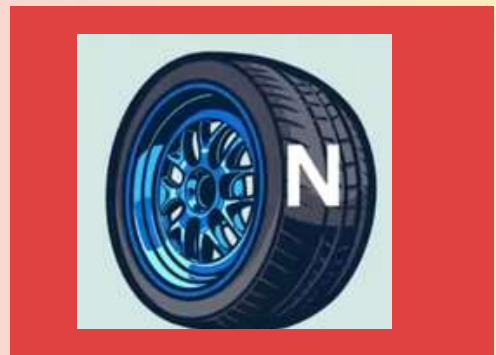
ANSWERS:  
DECIPHER THE WORD / PHRASE !



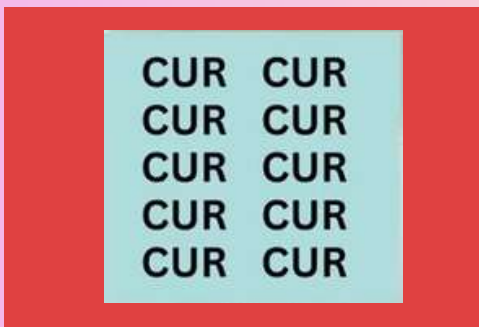
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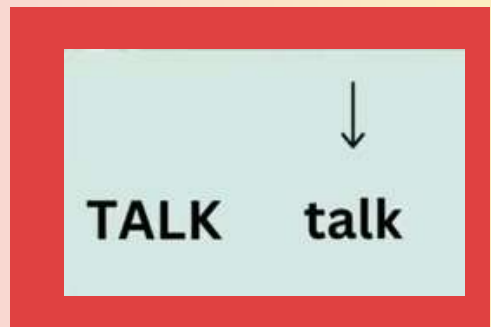
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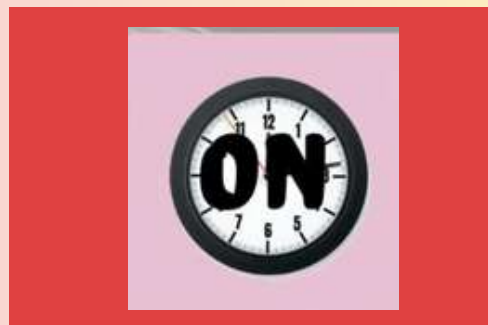
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5



6



# AASHAYEIN

## Flavours of Fellowship



COOL, CREAMY & DELICIOUS

# Summer


## Mango Sago Pudding

A tropical delight to beat the summer heat!

CHILLED. FRUITY. REFRESHING.

### INGREDIENTS

-  1 ripe mango (pureed)
-  ¼ cup sago / sabudana
-  2 cups milk
-  2-3 tbsp sugar (adjust to taste)
-  ¼ tsp cardamom powder
-  2 tbsp condensed milk (optional)
-  ½ cup chopped mango (for layers)
-  Chilled milk (as needed)
-  Nuts for garnish (pistachios, almonds)

 TIP: Chill for at least 2 hours before serving for the best taste!

### METHOD

-  1 Rinse sago thoroughly and boil in enough water until translucent. Drain and rinse with cold water. Set aside.
-  2 In a pan, bring milk to a boil. Add sugar, cardamom powder and condensed milk. Mix well and let it cool.
-  3 Peel and puree the ripe mango. Keep some chopped mango aside for layering.
-  4 In serving glasses, layer mango puree, cooked sago, chopped mango, and milk. Repeat the layers.
-  5 Refrigerate for 2-3 hours until chilled and set.
-  6 Garnish with chopped nuts and mango cubes. Serve cold and enjoy!

STAY COOL, STAY SWEET!

Enjoy this refreshing dessert with your loved ones.



# AASHAYEIN

## *Mango Sago Pudding*



*Recipe by :*  
*Rtn. Surjit Ahluwalia*

- ***Mango Sago Pudding is a popular Hong Kong-style dessert loved across Asia for its creamy texture and fruity flavor. It gained widespread popularity during the 1980s and 1990s in Cantonese restaurants and dessert cafés. The dessert is made using ripe mangoes, coconut milk or evaporated milk, and soft chewy sago pearls, which are made from starch extracted from tropical palm stems. Using Alphonso mangoes from Maharashtra gives the pudding an especially rich, sweet, and flavorful taste.***

Get your recipe featured in next Aashyein Weekly Magazine!

**Contact Rtn. Seema Bhoosher**

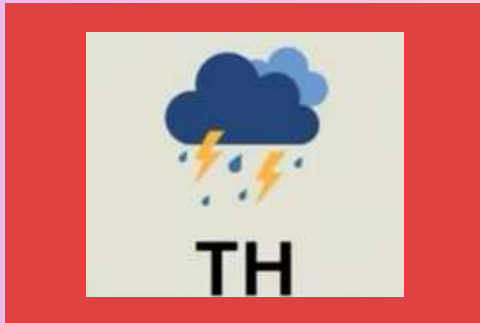
# AASHAYEIN

## The Happy Wheel - Fun Corner

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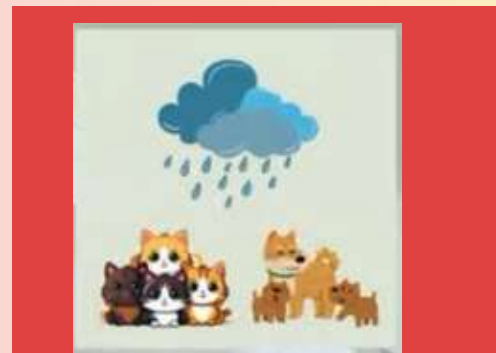


1



THUNDERSTORM

2



RAINING CATS & DOGS

3



TO GET INTO

4



BELIEVE

5



INFORMAL

6



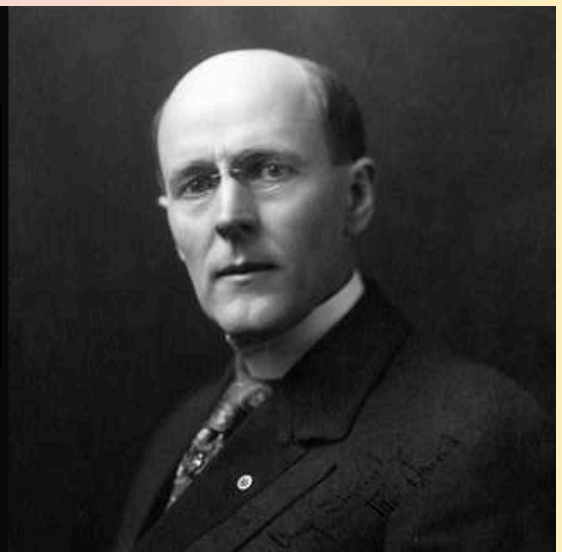
HOUSE PLANT

# AASHAYEIN

## Quote of the Week

*“Service, when given with sincerity, becomes the truest form of leadership.”*

Paul Harris  
Rotary Founder



**Thank you for being a Rotarian**

**Aashayein Editorial Board**

**Rtn. Minishaa I Oberoi**

**Rtn. Seema Bhoocher**

**Rtn. Jotinder S Ahluwalia**

**Rtn. Aarti Jadhav**

**Rtn. Jasjit Bhatia**

**Rtn. Jasbeer Nagi**